**A practical path to “net zero carbon” for our churches**

These recommendations aim to help churches reduce their energy use and associated carbon emissions. They are based on the findings of our church energy audit programme and input from of a range of professionals in the field.

NOTE: Many of the suggestions below require capability; please seek input early on. If the church interior is of historic, artistic, architectural or artistic interest, seek professional and Church of Scotland General Trustees (GT) advice first, before making changes; stabilising the environment for these interiors is important to minimise cycles of treatment, with their inherent carbon cost.

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| A. Where do we start? | These are actions that nearly all churches can benefit from, even low occupancy churches used only on a Sunday. They are relatively easy, with relatively fast pay back.  They are a good place for churches to start, when trying to move towards ‘net zero’. |
| The building itself:  A1. Maintain the roof and gutters, to prevent damp entering the building and warm air escaping.  A2. Fix any broken window panes\* and make sure opening windows shut tightly, to reduce heat loss.  A3. Insulate around heating pipes to direct heat where you want it; this may allow other sources of heat to be reduced in this area.  A4. If draughts from doors are problematic, draught-proof the gaps\* or put up a door-curtain\*.  A5. Consider using rugs/floor-coverings (with breathable backings) and cushions on/around the pews/chairs.  Heating and lighting:  A6. Switch to 100% renewable electricity, for example through Church of Scotland energy scheme, and “green” gas.  A7. Match heating settings better to usage, so you only run the heating when necessary\*.  A8. If you have water-filled radiators, try turning off the heating 15 minutes before the service ends; for most churches this allows the heating system to continue to radiate residual warmth\*.  A9. If you have radiators, add a glycol based “anti-freeze” to your radiator system and review your frost setting.  A10. Replace lightbulbs with LEDs, where simple replacement is possible.  A11. Replace floodlights with new LED units.  A12. If you have internet connection, install a HIVE- or NEST-type heating controller, to better control heating.  A13. If your current appliances fail, then replace with A+++ appliances.  People and policies:  A14. Complete the Energy Footprint Tool each year, and communicate the results.  A15. Create an Energy Champion who monitors bills and encourages people to turn things off when not needed.  A16. Write an energy efficiency procurement policy; commit to renewable electricity & A+++ rated appliances.  A17. Consider moving meetings elsewhere during cold months, rather than running the church heating.  Offset the rest:  A18. For most low usage “Sunday” churches, once they have taken steps like these, their remaining non- renewable energy use will be very small. For the majority, all they need to do now to be “net zero” is offset the small remaining amount of energy through [Climate Stewards](about:blank) or other reputable schemes.  A19. Also, think about your church grounds. Is there an area where you could let vegetation or a tree grow? | |

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| B. Where do we go next? | These are actions with a reasonably fast pay back for a church with medium energy usage, used a few times a week. Perhaps half of churches should consider them.  Most actions cost more than the ones above, and/or require more time and thought. Some require some specialist advice and/or installers. They are often good next steps for those churches with the time and resources to move on further towards ‘net zero’. |
| The building itself:  B1. If you have an uninsulated, easy-to-access roof void, consult with GT’s about insulating the loft\*.  B2. If you have problematic draughts from your door, and a door curtain wouldn’t work, consult with your GT’s about installing a glazed door within your porch, or even a draught-lobby\*.  B3. Consider creating one or more smaller (separately heatable) spaces for smaller events.  B4. Consider fabric wall-hangings or panels, with an air gap behind, as a barrier between people and cold walls.  Heating and lighting:  B5. Learn how your building heats/cools and the link to comfort, by using data loggers (with good guidance).  B6. Improve your heating zones and controls, so you only warm the areas you are using.  B7. Install TRVs on radiators in meeting rooms & offices, to allow you to control them individually.  B8. Consider under-pew electric heaters and/or infra-red radiant panel heaters\*, which keep people warm without trying to heat the whole church space. Radiant panels are especially good for specific spaces like chapels and transepts, which you might want warm when you don’t need the whole church to be warm.  B9. If you have radiators, install a magnetic sediment “sludge” filter to extend the life of the system.  B10. Consider thermal and/or motion sensors to automatically light the church when visitors come in, for security lights, and for kitchens and WCs.  B11. Install an energy-saving device such as Savawatt on your fridge or other commercial appliances.  B12. Get your energy supplier to install a smart meter, to better measure the energy you use.  People and policies:  B13. Vary service times with the seasons, so in winter you could meet early afternoon when the building is warmer. | |
| C. Getting to zero | These are bigger, more complex, projects, which only busy churches with high energy use are likely to consider. They could reduce energy use significantly, but require substantial work (which itself has a carbon cost) and have a longer payback. They all require professional advice, including input from CoS GT’s. |
| The building itself:  C1. Draught-proof windows\*.  C2. If you have an open tower void, insulate or draught-proof the tower ceiling \*.  C3. Double-glaze or secondary-glaze suitable windows in well-used areas such offices, vestries and halls\*.  C4. Internally insulate walls in well-used areas such offices, vestries and halls\*.  C5. If you have pew platforms, consider insulating under the wooden platform with breathable materials\*.  C6. Reinstate ceilings, and insulate above\*.  Heating and lighting:  C7. Install a new LED lighting system, including all harder-to-reach lights, new fittings & controls.  C8. Install solar PV, if you have an appropriate roof and use sufficient daytime electricity in the summer. | |

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| D. “Only if….” | These are actions you would do at specific times (such as when reordering is happening) or in very specific circumstances. Nearly all require professional advice, including input from CoS GT’s. |
| The building itself:  D1. If you are reroofing anyway, then insulate the roof, if appropriate for your roof\*.  D2. If you have an uninsulated wall with a cavity (typically build 1940 onwards), then insulate the cavity.  D3. If the building is regularly used & suitable, such as a church hall, consider appropriate external insulation or render, appropriate for the age and nature of the building\*.  Heating and lighting:  D4. If there’s no alternative that does not run on fossil-fuels, then replace an old gas boiler or an oil boiler with a new efficient gas boiler.  D5. If yours is a well-used church which you want to keep warm throughout the week, then consider an air or ground source heat pump. Ground source heat pumps are more expensive and invasive to install than air source heat pumps, but run more efficiently once installed, depending on ground conditions.  D6. If you are doing a major reordering or lifting the floor anyway, and yours is a very regularly used church, then consider under-floor heating. This can work well in combination with a heat pump (above).  Church grounds:  D7. If you have car parking that is sufficiently used, EV charging points for electric cars can work out cost neutral or earn a small amount of income for the church. Note, they will increase the church’s own energy use, but will support the uptake of electric cars. They could be good in combination with solar PV panels. | |
| E. By exception | These actions are often mentioned in this context, but are generally not recommended, because of the risk of harm to the fabric, energy used, and/or the cost. |
| E1. Standard secondary glazing on the main, historic windows (this can be inefficient, expensive, & cause damage).  E2. Install solar thermal panels to generate hot water (hot water use is generally not high enough to justify it).  E3. Background space heating at all times unless needed for stabilisation of historic interiors (high energy use). | |

\* If interiors are of historic, architectural or artistic interest, seek professional & Church of Scotland General Trustees advice first.

*Adapted from @Archbishops Council, April 2020*

**Types of Churches Buildings**

Location - Urban /Rural

Size - Small < 250m2,

Medium 250-650m2,

Large > 650m2

Low Use - small (<50 person hours),

Medium Use (50-200 person hours),

High Use (>200 person hours)

Climate Stewards Calculator is a tool worth looking at: [360°carbon | Climate Stewards](about:blank)

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| Type |  | Annual CO2 Range |
| 1 – Urban Large, High Use | eg. Wellington, Glasgow (gas) | ?50-80 tonnes |
| 2 – Urban Medium, High Use | eg. Lomond Parish (gas) | 30 tonnes |
| 3 – Urban Small, High Use | eg. |  |
| 4 – Urban Large, Medium Use | eg. |  |
| 5 – Urban Medium, Medium Use | eg. |  |
| 6 – Urban Small, Medium Use | eg. |  |
| 7 – Urban Large, Low Use | eg. |  |
| 8 – Urban Medium, Low Use | eg. |  |
| 9 – Urban Small, Low Use | eg. |  |
| 10– Rural Large, High Use | eg. Dornoch Cathedral |  |
| 11 – Rural Medium, High Use | eg. |  |
| 12 – Rural Small, High Use | eg. |  |
| 13 – Rural Large, Medium Use | eg. |  |
| 14 – Rural Medium, Medium Use | eg. |  |
| 15 – Rural Small, Medium Use | eg. |  |
| 16 – Rural Large, Low Use | eg. |  |
| 17 – Rural Medium, Low Use | eg. |  |
| 18 – Rural Small, Low Use | eg. Gartocharn (oil) | 12 tonnes |